

# YOUR GUIDE TO FOOD @ MIT

**NEED THE LINK?** All resources can be found at <https://doingwell.mit.edu/foodandfinancial>



## FOOD MAP

Want to know where food places are on campus or what grocery stores and restaurants are nearby? Check out this QR code for a map of nearby locations!



Most locations are close so grab your own reusable bag and get outside to help you stay active and cut down on waste!



## MIT DINING



For information on meal plans, dining halls, and hours of operation, be sure to stop by [studentlife.mit.edu/dining](https://studentlife.mit.edu/dining).



## FOOD SECURITY & FINANCIAL RESOURCES

No matter who you are, not being able to access enough food to sustain an active and healthy lifestyle or worrying about finances are issues that many students face. These resources may be able to help students who are struggling with finances or accessing enough food.



## SWIPESHARE

Did you know students can donate their guest meal swipes to other students? Use the QR code to find out how you can donate!



## LATE NIGHT

Missed dinner? No worries! Stop by Maseeh or Simmons for late night dining. Check out the [late night hours](#) on the dining website.



## CONCORD MARKET

A local independent grocer located in the Student Center. Has a large selection of grab-and-go meals, made-to-order sandwiches, fresh produce, and everyday essentials.



## FARMERS MARKET

Support local farmers and pick up seasonal produce at the Central Square Farmers Market, running Mondays until November. Check out [their website](#) for more info.



## GROCERY SHUTTLE

MIT offers a shuttle service to local grocery stores. See the [MIT Facilities' website](#) for the full schedule.



## FOOD WASTE

Learn how to dispose of food waste and recycle food delivery containers with Waste Watchers' handy flyer at the QR code to the left.